

# BRFSS REPORT: FUNCTIONAL DISABILITY, FINAL 2017

North Carolina Population: Adults (ages 18+)

	N	Weighted Percent
Functional Disability (Yes)**	1,517	28.3
Functional Disability (No)	3,228	71.7

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>FUNCTIONAL DISABILITY STATUS</b>						
<b>SEX</b>						
Male	639	46.5	43-49.9	1,480	48.6	46.3-50.8
Female	878	53.5	50.1-57	1,746	51.4	49.2-53.7
<b>RACE</b>						
Non-Hispanic White	984	66.6	63.3-70	2,130	66.4	64.3-68.6
Non-Hispanic Black	322	22.7	19.7-25.8	593	19.8	17.9-21.6
Non-Hispanic Other	111	4.0	2.8-5.1	211	5.8	4.8-6.8
Hispanic	78	6.6	4.8-8.5	257	8.0	6.7-9.3
<b>AGE IN YEARS</b>						
18-24	57	7.3	5.1-9.6	300	15.0	13.2-16.9
25-34	108	11.0	8.7-13.3	493	18.9	17.1-20.7
35-44	113	11.0	8.5-13.5	512	18.2	16.5-20
45-54	228	15.8	13.3-18.4	564	16.6	15-18.2
55-64	347	20.5	17.9-23.2	565	15.5	13.9-17
65-74	335	17.3	14.9-19.7	503	10.9	9.7-12.2
75+	321	16.9	14.6-19.3	249	4.9	4.1-5.7
<b>MARITAL STATUS</b>						
Married	646	45	41.4-48.2	1,793	53.6	51.4-55.9
Separated/Divorced	322	18.7	16.2-21.3	440	11.6	10.2-13
Widowed	290	14	12-16.4	229	5.0	4-5.9
Never married or partnered	255	22	19.1-25.4	754	29.8	27.6-31.9
<b>EDUCATION LEVEL</b>						
Less Than H.S.	263	25	21.3-28	226	9.9	8.3-11.5
H.S. or G.E.D.	459	30.6	27.5-33.8	753	25.4	23.4-27.4
Some Post-H.S.	452	31.8	28.6-35	859	33.5	31.3-35.7
College Graduate	338	13	11.2-14.7	1,384	31.2	29.3-33.1
<b>EMPLOYMENT STATUS</b>						
Employed/Self-employed	392	31.7	28.4-35.1	2,063	67.2	65.1-69.3
Unemployed	71	6.3	4.5-8.2	109	3.6	2.7-4.5
Other	653	37	34.1-40.6	976	27.4	25.4-29.4
Unable to work	393	24.6	21.6-27.5	60	1.8	1.2-2.4
<b>INCOME LEVEL</b>						
< \$15,000	258	21	18.1-24.5	174	5.8	4.7-6.9
\$15,000 to \$24,999	315	25	21.6-28.1	412	16.1	14.1-18
\$25,000 to \$34,999	163	14.0	11.2-16.8	310	11.4	9.8-12.9
\$35,000+	472	40	36.1-43.7	1,828	66.8	64.4-69.1

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>HEALTH RISK FACTORS</b>						
<b>HEALTH CARE COVERAGE</b>						
Yes	1,319	83.7	80.9-86.5	2,829	85.8	84.1-87.4
No	190	16.3	13.5-19.1	389	14.2	12.6-15.9
<b>CURRENT SMOKING</b>						
No	1,144	73.4	70.2-76.6	2,812	86.6	85-88.2
Yes	358	26.6	23.4-29.8	398	13.4	11.8-15
<b>ANY LEISURE TIME PHYSICAL ACTIVITY OR EXERCISE IN THE PAST 30 DAYS</b>						
Yes	864	60.5	57-63.9	2,482	79.9	78.1-81.7
No	603	39.5	36.1-43	635	20.1	18.3-21.9
<b>BODY MASS INDEX - THREE CATEGORIES</b>						
Normal	388	26.9	23.8-30	1,029	35.5	33.3-37.8
Overweight	472	32.4	29-35.7	1,105	35.8	33.6-38
Obese	565	40.7	37.2-44.2	851	28.7	26.6-30.8
<b>COULD NOT SEE DOCTOR BECAUSE OF COST</b>						
Yes	331	25.3	22.1-28.6	365	12.3	10.8-13.8
No	1,183	74.7	71.4-77.9	2,859	87.7	86.2-89.2
<b>USE ANY TOBACCO PRODUCT</b>						
No Use	982	67.8	64.3-71.3	2,231	80.2	78-82.3
Use at least 1 product	403	32.2	28.7-35.7	450	19.8	17.7-22
<b>USE OF MULTIPLE TOBACCO PRODUCTS</b>						
No Use	982	67.8	64.3-71.3	2,231	80.2	78-82.3
Use single product	349	27.4	24-30.7	395	16.9	14.9-19
Use multiple products	54	4.8	3-6.6	55	2.9	2-3.8
<b>TRIED TO QUIT SMOKING****</b>						
Yes	214	54.2	46.9-61.4	235	62.8	56.8-68.8
No	143	45.8	38.6-53.1	162	37.2	31.2-43.2
<b>E-CIGARETTE/VAPING STATUS</b>						
Never Used	1,185	76.4	73.3-79.5	2,729	81.7	79.9-83.5
No Longer Used	250	18.2	15.4-21	372	14.0	12.4-15.6
Use Some Days	33	3.3	1.7-4.9	58	2.6	1.8-3.5
Use Every Day	27	2.1	1-3.2	35	1.6	1-2.3
<b>PERCEIVED POOR HEALTH</b>						
<b>GENERAL HEALTH</b>						
Excellent/Vg/Good	825	55.9	52.5-59.4	2,935	90.5	89.1-91.9
Fair/Poor	680	44.1	40.6-47.5	284	9.5	8.1-10.9
<b>NUMBER OF DAYS PHYSICAL HEALTH NOT GOOD</b>						
None	589	42.6	39.1-46.1	2,432	76.1	74.2-78
1-7 days	259	18.1	15.5-20.8	552	17.2	15.5-18.8
8-30 days	616	39.3	35.9-42.7	212	6.7	5.5-7.8
<b>NUMBER OF DAYS MENTAL HEALTH NOT GOOD</b>						
None	806	51.0	47.5-54.5	2,400	71.9	69.8-74
1-7 days	222	15.5	13-18	541	18.9	17.1-20.8
8-30 days	454	33.5	30.1-36.8	257	9.2	7.8-10.6
<b>DAYS HEALTH IMPAIRED LAST MONTH</b>						
None	840	57.1	53.7-60.6	2,783	85.9	84.4-87.5
1-7 days	183	12.9	10.6-15.2	327	9.9	8.6-11.2
8-30 days	451	30.0	26.8-33.2	110	4.1	3.2-5.1

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>CHRONIC HEALTH CONDITIONS</b>						
<b>EVER HAD A STROKE</b>						
Yes	148	9.0	7-10.9	70	1.6	1.1-2.1
No	1,353	91.0	89.1-93	3,155	98.4	97.9-98.9
<b>EVER HAD ASTHMA</b>						
Yes	308	19.3	16.6-21.9	339	11.3	9.9-12.8
No	1,203	80.7	78.1-83.4	2,885	88.7	87.2-90.1
<b>CURRENT ASTHMA</b>						
Yes	226	13.6	11.3-15.8	220	7.5	6.3-8.7
No	1,273	86.4	84.2-88.7	2,997	92.5	91.3-93.7
<b>OTHER CANCER DIAGNOSIS*</b>						
Yes	220	12.7	10.4-14.9	200	4.5	3.6-5.3
No	1,294	87.3	85.1-89.6	3,017	95.5	94.7-96.4
<b>CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)</b>						
Yes	292	18.2	15.6-20.7	143	3.9	3.1-4.8
No	1,209	81.8	79.3-84.4	3,073	96.1	95.2-96.9
<b>ARTHRITIS</b>						
Yes	861	50.6	47.1-54.1	598	14.5	13.1-16
No	644	49.4	45.9-52.9	2,615	85.5	84-86.9
<b>DEPRESSION</b>						
Yes	532	37.3	33.9-40.8	396	13.2	11.6-14.7
No	975	62.7	59.2-66.1	2,821	86.8	85.3-88.4
<b>KIDNEY DISEASE</b>						
Yes	132	9.1	7-11.2	65	2.3	1.6-3.1
No	1,373	90.9	88.8-93	3,157	97.7	96.9-98.4
<b>DIABETES</b>						
Yes	353	20.8	18.1-23.5	287	7.6	6.5-8.8
No	1,160	79.2	76.5-81.9	2,937	92.4	91.2-93.5
<b>CHRONIC DISEASE INDEX</b>						
No chronic disease	230	18.6	15.9-21.4	1,772	58.3	56.1-60.5
1 chronic disease	375	26.0	22.9-29.1	856	25.9	23.9-27.9
2+ chronic diseases	911	55.4	51.9-58.8	598	15.8	14.2-17.3
<b>USE OF PREVENTIVE CARE</b>						
<b>HAD FLUSHOT IN PAST 12 MONTHS</b>						
Yes	764	48.9	45.4-52.4	1,464	43.6	41.3-45.9
No	685	51.1	47.6-54.6	1,615	56.4	54.1-58.7
<b>EVER HAD PNEUMONIA SHOT</b>						
Yes	762	49.8	46.1-53.4	985	32.7	30.4-35
No	602	50.2	46.6-53.9	1,747	67.3	65-69.6
<b>LAST HAD YOUR BLOOD CHOLESTEROL CHECKED</b>						
Never	93	9.3	7-11.7	235	9.4	7.9-10.9
Within past year	1,174	76.1	72.8-79.3	2,220	69.5	67.4-71.7
1 year ago or longer	178	14.6	11.9-17.3	592	21.0	19.1-22.9
<b>HAD A BLOOD TEST FOR DIABETES IN PAST THREE YEARS (NON-DIABETICS ONLY)</b>						
Yes	693	65.9	61.8-70.1	1,506	62.1	59.4-64.8
No	312	34.1	29.9-38.2	783	37.9	35.2-40.6

	YES			NO		
	N	Weighted Percent	95% C.I.	N	Weighted Percent	95% C.I.
<b>TIME SINCE LAST ROUTINE CHECKUP</b>						
1-12 months ago	1,228	77.9	74.8-80.9	2,434	74.0	72-76
1 to 5+ yrs. or never	272	22.1	19.1-25.2	768	26.0	24-28

\* Any type of cancer diagnosis other than skin cancer.

\*\* Functional disability includes having difficulty with hearing, sight, mobility or cognitive processes. See BRFSS 2017 Annual Results Technical Notes for details. (<https://schs.dph.ncdhhs.gov/data/brfss/2017/technical.htm>)

\*\*\* The estimate was suppressed because it did not meet statistical reliability standards.

\*\*\*\* This question was asked only of respondents who reported smoking 100 or more cigarettes in her/his entire life and currently smoking every day or on some days.

† This report presents information for BRFSS respondents aged 18+ by functional disability. The BRFSS does not interview adults living in institutions, such as nursing homes or other long-term care facilities. As a result, this report may not be representative of the entire adult population.







